

# Hadley Farms Nutrition Label

## 0807IW Whole Grain Raspberry & Cream Cheese Bar Un-iced 2.9 Oz.

<b>Nutrition Facts</b>		Amount/serving	%DV*	Amount/serving	%DV*
Serv. Size 1 bar (82g)		<b>Total Fat</b> 8g	<b>13%</b>	<b>Total Carb.</b> 35g	<b>12%</b>
Serv. Per Cont. 4E		Sat. Fat 2.5g	12%	Fiber 3g	12%
Calories 230		Trans Fat 0g		Sugars 9g	
Fat Cal 70		<b>Cholest.</b> 0mg	<b>0%</b>	<b>Protein</b> 5g	
		<b>Sodium</b> 270mg	<b>11%</b>		
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Vitamin A 45%	• Vitamin C 6%	• Calcium 4%	• Iron 10%

**INGREDIENTS**

Whole Grain White Wheat Flour, Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Crystalline Fructose, Soybean Oil, Dough Conditioners (Guar and/or Arabic Gums, DATEM, Calcium Sulfate, Soybean Oil, Enzymes, Ascorbic Acid, L-Cysteine, Sodium Stearoyl Lactylate [SSL]), Fillings (Sugar, Dextrose, Water, Coconut Oil [allergen free], Raspberry Puree, Apple Puree [Apples and Water], Modified Food Starch [Corn], Cellulose Gum, Salt, Lactic Acid, Glycerin, Citric Acid, Cultured Sugar, Pectin, Maltodextrin, Tara Gum, Xanthan Gum, Locust Bean Gum, Vegetable Juice [Color], Natural Flavor), Contains less than 2% of Egg Replacer (Whole Soy Flour, Wheat Gluten, Corn Syrup Solids, Alginate), Vital Wheat Gluten, Milk Powder Replacer (Soy Flour, Corn Flour), Salt, Yeast (Leavening), Natural Orange Flavor, Malt Powder (Malted Barley, Dextrose), Soybean Lecithin (Soy), Vitamin A Palmitate, Polysorbate 60 (emulsifier), Potassium Sorbate and Calcium Propionate (as preservatives)

16.86 grams Whole Grain per bar (51%)  
 16.19 grams Enriched Grain per bar (49%)  
 2 OZ EQ per bar

Competitive Food Data  
 Percent Calories from Fat (<=35%) 30.43%  
 Percent Calories from Sat Fat (<=10%) 9.78%  
 Percent Sugar by Weight (<=35%) 10.98%

**ALLERGEN INFORMATION:**  
 CONTAINS Soy, Wheat

4/16/2019