

## Kellogg's® Frosted Flakes™ Multigrain For Schools

Kellogg's Frosted Flakes® Multigrain Reduced Sugar

**Product Type**  
Bowl Pack

**Product Category**

**UPC Code**  
3800054998

**Servings/Case**  
96 ct

**Sizes**  
1.0 oz

**Format**  
Single Serve Bowl

**Gross Weight**  
8.77

**Allergen Information**  
CONTAINS WHEAT INGREDIENTS.

**Dietary Exchange Per Serving**  
1 1/2 Carbohydrates

**Kosher Status**  
Kosher/Parve

**Grain Ounce Equivalents**  
1

**Shelf Life**  
365 days (12 months)

**Country of Origin**  
Distributed in USA



Date Printed: 09/24/2019

## Nutrition Facts **Serving size: 1 Container (28g),**

Amount per serving: **Calories 100**, **Total Fat** 0g (0% DV), **Sat. Fat** 0g (0% DV), **Trans Fat** 0g, **Cholest.** 0mg (0% DV), **Sodium** 170mg (7% DV), **Total Carb.** 24g (9% DV), **Fiber** 2g (8% DV), **Total Sugars** 7g (Incl. 7g Added Sugars, 14% DV), **Protein** 2g, **Vit. D** (10% DV), **Calcium** (0% DV), **Iron** (10% DV), **Potas.** (0% DV), **Thiamin** (10% DV), **Riboflavin** (10% DV), **Niacin** (10% DV), **Vit. B<sub>6</sub>** (10% DV), **Folate** (10% DV) (20mcg folic acid), **Vit. B<sub>12</sub>** (10% DV). % DV = % Daily Value