

ALLOWED	
Low Risk	<p>Defined by the NFHS as sports that can be done with social distancing or individually with no sharing of equipment or the ability to clean the equipment between use by competitors. Given the low risk, these sports are currently allowed.</p>
Cross Country	
Fencing	
Sideline Cheer	
Track	
Swimming	
Ice Skating	
ALLOWED WHEN IN COMPLIANCE	
Moderate Risk	<p>Defined by the NFHS as sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports OR sports that use equipment that can't be cleaned between participants. Given the moderate risk, these sports are only allowed when played outdoors (in the case of soccer and volleyball) and with appropriate cleaning of equipment and use of masks by participants.</p>
Soccer – outdoor only	
Volleyball- outdoor only	
Gymnastics	
Kickball	
Softball	
Baseball	
Track - Field Sports	
Tennis	
Field Hockey	
NOT ALLOWED	
High Risk	<p>Defined by the NFHS as sports that involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants. Unfortunately, given the significant risks involved, these sports are currently not allowed to be played.</p>
Indoor Soccer	
Volleyball - Indoor	
Football	
Rugby	
Basketball	
Cheer	
Wrestling	
Boxing	
Lacrosse	
Ice Hockey	
Martial Arts	