



City of New Haven
Department of Parks, Recreation & Trees
 720 Edgewood Avenue, New Haven, CT 06515, Phone 946-8020, Fax 946-8024


Justin Elicker, Mayor

William Carone, Acting Director

DAVID R. BELOWSKY, PRESIDENT, BOARD OF PARK COMMISSIONERS



Activities for week ending April 25, 2020

Monday	Activity	Instructions	Link
Pre-School	Doodle Art 	Materials: paper, markers, crayons or colored pencils. 1. Have your child doodle on the paper in marker. 2. Have them color in the different shapes. 3. Let their imagination run wild.	
Elementary	Plastic Bottle Bird Feeder		https://youtu.be/7yV6V6rtpyc
Middle School	Doodle Designs (lettering)		https://youtu.be/F62ESoV4rx4
High School	Doodle Designs (lettering)		https://youtu.be/F62ESoV4rx4
Family	Hand Games: 1. PattyCake 2. Miss.Mary Mack 3. Rockin' Robin 4. The Cup Game		1. https://youtu.be/yULp0Vnzblc 2. https://youtu.be/PwTxVe0FoAg 3. https://youtu.be/179M7qYa7Oo 4. https://youtu.be/Dl4ZdliejZE

Tuesday	Activity	Instructions	Link
Pre-School	Paper Chain Caterpillar	https://www.dltk-kids.com/crafts/inspects/mpaper-chain-caterpillar.htm	https://www.youtube.com/watch?v=z2BM7MINCBc
Elementary	Fake Snow!	https://www.thesprucecrafts.com/how-to-make-fake-snow-4156252	https://www.youtube.com/watch?v=UJ-RqCss7eg
Middle School	Kids Workout!	Follow along the video and get your exercise goal for the day!	https://www.youtube.com/watch?v=lc1Ag9m7XQo
High School	Make your own Fancy Bookmark		https://www.youtube.com/watch?v=UJ-RqCss7eg
Family	Paint Rocks!		https://www.youtube.com/watch?v=hY9r-oMOG-A

Wednesday	Activity	Instructions	Link
Pre-School	Pillowcase Race	On hardwood or tile floors, sit on a pillow case (or a t-shirt) and use your arms and legs to scoot around a "race" course.	
Elementary	Target Practice	Set up some targets (empty water bottles or paper towel rolls work great) and have your kids try and knock them down with Nerf guns or throwing soft objects. The exercise comes in when they have to keep going back and forth between retrieving their objects and the start line.	
Middle School	Doodle Name Design	Using your name	https://youtu.be/mIM80W8TIP4
High School	Doodle Name Design	Using your name	https://youtu.be/mIM80W8TIP4
Family	Dance Party with Flashlights	Items needed: music, flash lights and dance moves. Make sure the room is dim/drk. Space is safe. Dance Away.	

Thursday	Activity	Instructions	Link
Pre-School	Make your own Bubbles		https://www.youtube.com/watch?v=Kq9nF8yXtww
Elementary	Make your own Bubbles		https://www.youtube.com/watch?v=Kq9nF8yXtww
Middle School	Make your own Flip Books & Flip book art		https://www.youtube.com/watch?v=29SCiHN9zCI https://www.youtube.com/watch?v=zo9OebWjbsQ
High School	Create a Professional Resume		https://resumegenius.com/
Family	The Whisper Challenge	https://challengestodo.com/whisper-challenge-phrases/	

Friday	Activity	Instructions	Link
Pre-School	How to make Gak Bubbles (reusable)		https://youtu.be/sCDFWO31f8Q
Elementary	How to make Gak Bubbles (reusable)		https://youtu.be/sCDFWO31f8Q
Middle School	The Exploding Lunch Bag Experiment		https://youtu.be/VZl1u5RqIWA
High School	Mindfulness Activity: Make a Bucket List	This is one of the more exciting mindfulness activities for teens. The bucket list serves as a list of the things they want to do. It will feel fulfilling if they are able to tick off items from that list.	
Family	Movement Charades	Pretend to be your favorite animal, superhero or sports player by imitating their signature moves (no sounds allowed!). The rest of the players try and guess who they are – the first one to do so correctly, gets a point. If your kids have trouble thinking on the spot, write down some suggestions and place them in a hat to draw from when it's their turn	

**New Haven Parks, Recreation and Trees Activities by
Dimitri Lemonas & Regina Wicks, Recreation Program Supervisors**