

MEMO TO NHPS FAMILIES

UPDATED 5.5.22

This update outlines policy reminders related to quarantine/isolation, testing, and ongoing contact tracing activities.

COVID-19 GENERAL INFORMATION FOR PARENTS/GUARDIANS

- Check your child for symptoms each morning before school!
- If your child has one or more symptoms of Covid-19, as listed below, do **NOT** send them to school.
 - They should immediately get a test for Covid-19.
 - Call and notify your school.
- Continue masking on the bus and at school, Masks should only be removed for snacks and mealtimes or with an approved medical exemption.
- **Get your child vaccinated for Covid-19. All children ages 5 years and older are eligible for a Covid-19 vaccine. Everyone over the age of 5 may be eligible for a Pfizer Covid-19 Booster. For Covid-19 vaccination sites, please click [here](#).**

WHAT TO DO IF YOU THINK YOUR CHILD HAS COVID-19

If your child has any of the signs and symptoms of Covid-19 as listed below or has been exposed to someone diagnosed with and/or suspected to have Covid-19, you should **NOT** send your child to school.

- Notify your school administration. They will inform you of your school's protocol and the return date for your child. Please refer to the [NHPS website](#) for more information.
- Take your child for a Covid-19 test. For a list of all testing sites in Connecticut, please click [here](#).
- If your child should develop trouble breathing, persistent pain or pressure in the chest new confusion, inability to wake or stay awake, or pale, gray, or blue-colored skin, lips, or nail beds, please call 911 and seek emergency medical care.

FOR MORE INFORMATION:

[GUIDANCE FOR COVID-19 PREVENTION IN K-12 SCHOOLS AND CSDE COVID-19 RESOURCES](#)

SIGNS AND SYMPTOMS OF COVID-19

If your child has one or more of the following symptoms, they may have Covid-19 and should immediately get tested:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

QUARANTINE, ISOLATION, AND CONTACT TRACING ACTIVITIES

If your child tests positive for COVID-19, they must isolate at home for at least 5 days.

If your child has been exposed to someone with COVID-19, and has symptoms or is not up to date with their Covid-19 vaccinations, they must quarantine at home for at least 5 days.

All individuals, regardless of vaccination status, should monitor themselves for symptoms and continue to mask in school following their isolation, quarantine period, or exposure.

Please contact your NHPS administrator for rapid antigen test kits.

PLEASE NOTE: New Haven Public Schools and the New Haven Health Department will continue contact tracing all known Covid-19 cases and exposures for the remainder of the 2021-2022 school year. Participation in the contact tracing process is voluntary, but strongly encouraged to ensure the health and safety of everyone.

Consider taking the following NHPS Parent/Guardian Covid-19 Survey to provide us feedback on the 2021-2022 school year: <https://veoci.com/v/p/form/km35jvqtsxnm>

For Questions/Concerns, the New Haven Health Department be reached at the following phone number: (203) 946-6999

For more information about Covid-19, please visit the New Haven Covid Hub:

