



Whole Child Framework

Social Emotional Learning News



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Edgewood
School-
Spreading
Kindness

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**Dear
Educators ,**
Optimistic
Closure

Relationship Skills

Students will build relationship skills in order to:

Use communication and social skills to positively interact with others.

Develop constructive relationships with individuals of diverse backgrounds, abilities and lifestyles.

Demonstrate the ability to prevent , manage and resolve interpersonal conflicts in constructive ways.

Why relationship skills?

When we have relationship skills we are able to make and keep healthy relationships with others, even when they are from different backgrounds or cultures. We are able to express ourselves, listen to others, ask for and offer help when needed, resist peer pressures, and resolve conflicts in constructive ways .

Spotlight

Edgewood
School-
Building
positive

relationships
by spreading
kindness



Dear Educators,

OPTIMISTIC CLOSURE-

One Word Whip Around

1. Prepare a prompt aligned to content of class, Example (Share one word that sums up what you've learned today). Have students stand in a circle.

2. State the prompt, allow 1 minute think time .

3. Ask for a volunteer to start by sharing their word. That student then chooses the direction to go. As always, it's okay to pass.

4. After completing the activity, debrief the activity by discussing whether students noticed any themes or similar responses. "What does that tell us about the engagement or participation of the group in the learning for today?"

Source: SEL Playbook OUSD

Adapted Optimistic Closure by CASEL

(Draft version)

Family Corner

Essential Communication Strategies

Control Reactions the first step in effectively monitoring teens is to learn to monitor our reactions. When parents serve as sounding boards – listening deeply and offering guidance when asked – young people learn to bounce ideas off of us. They allow us to help them consider how things might play out. And to support them to make decisions. On the other hand, when we react strongly, they stop telling us things they think will make us uncomfortable or angry.

Be a Good Listener Adolescents crave adult attention (even though they sometimes push us away). Good listening is respectful. It is about giving someone full attention. Listening, and then reflecting on what you heard can help teens become aware of their own wisdom. Listening respectfully and without judgment does not mean you necessarily agree with what is being said. It is about creating a zone of safety – free from interruption, interrogation, or reaction. Parents who listen know what is going on in their teens' lives and can protect them when necessary. They can steer their teens away from trouble and learn about areas where limits need to be set. They know when their teens are ready to expand their limits.

Excerpt taken from: Center for parent & Teen Communication: 7 tips for talking with TEENS)